For children staying at our Ronald McDonald House each day is filled with doctor appointments and visits to local hospitals. We were fortunate enough to find Suffolk Stables a local farm to give our guests a chance to get out of the Ronald McDonald House and do something FUN...like ride a horse.

Suffolk Stables is a picturesque farm landscape on the outskirts of Shamong, NJ sitting on 125 acres surrounded by trees, paddock areas for horses to roam and fenced in practice rings. Each rider is assigned a pony/horse to groom, saddle up and lead their furry friend into an indoor area to ride.

Beginner riders learn balance, coordination and self-assurance by guiding these gentle creatures with the simple touch of the reins on the side of the horses neck. Riders use leg muscles, posture position to strengthen their core abdominal area. “I just love to see the joy on the faces of the children from Ronald McDonald House, when they finally feel victorious,” commented Deborah Greer, owner of Suffolk Stables.

Our focus at Ronald McDonald House Southern New Jersey is to offer Hope, Help and Home so that each family has a place to lay their heads at night, meals to nourish them, activities and support to help them smile, and transportation to the hospitals to be near their sick children. While we can not make medicine taste better or take away painful treatments we can help brighten their day by visiting a horse farm in Shamong, NJ.

Suffolk stables is a tranquil environment in which children feel at ease surrounded by volunteers who help take care of the horses by grooming, feeding and cleaning their stalls. Like most farms you will find cats who help to control pests and gather around waiting for a friendly pat on the head.

Deborah also rescues unwanted horses by utilizing them in a program for disadvantaged or low income families. Her recent partnership with Ronald McDonald House fulfills a dream of helping those in need.

Funding provided by:
Gerry Schreiber Foundation